

*Sants Metges*

HOTEL



**Spa Treatments**

## THERAPEUTIC MASSAGES

**THERAPEUTIC CHIROMASSAGE:** A complete, active massage that stimulates the nervous system and unblocks contractures.

60 min | 110€

**ZEN ANTI-STRESS MASSAGE:** A classic balancing and relaxing massage accompanied by intense aromatic sensations that produce a natural uplifting effect.

60 min | 120€

**MASSAGE WITH A MACERATED BLEND OF ESSENTIAL OILS:** A massage that combines warm essences and expert movements to rejuvenate your skin.

60 min | 120€

**DELUXE HEAD TO FEET:** A complete, balancing, whole-body massage with a personalized intensity to give a soothing effect.

90 min | 150€

**CRANEAL-FACIAL-CERVICAL THERAPEUTIC:** with gentle pressures and circular movements on the scalp, cervical and facial area, increases cellular oxygenation and relaxes the nervous system, we will reduce accumulated pressures and tensions with a neuro sedative effect.

45 min | 90€

**PODAL REFLEXOLOGY:** massage technique using gentle pressures at different points of the feet where we can reach the exotic points of the body and release blockages and relax the body leading to well-being.

60 min | 110€

**DETOX LEGS:** massage where we will activate the blood and lymphatic circulation that produces the stimulation and return of blood circulation, also producing a pleasant feeling of well-being.

60 min | 110€



## BODY TREATMENTS

**CITRUS BODY PERFECTION:** An energizing, firming, whole-body wrap with vitamin C.

60 min | 130€

**DETOX MARINE:** A detoxifying treatment with a relaxing, marine body wrap for all skin types, with exfoliation, mask and detox massage.

60 min | 130€

**RITUAL DIAMOND EXPERIENCE ROSE:** A pleasant exfoliation and relaxing massage to give you a beautiful, velvet-soft skin enveloped in a gentle rose fragrance.

60 min | 150€

- Prior appointment.
- Treatments will be carried out from 10 am to 8 pm.
- Treatments must be one after the other.
- **Cancellation policy:** you can cancel your appointment up to 4 hours beforehand. After this time, you will be charged 50% of the service price.